

MISSISSAUGA TRACK RESULTS 1984

as of 6/17/2008

Date	Meet	Location	First Name	Last Name	Age	Event	Results	Place	Notes
January 28	Allcomers	York	Paul	Earnst	open	3000m	8.56		
			Rick	Hamel	open	1000m	2.34.9		
			Steve	Outridge	open	600m	1.24.6		
February 6	ON Legion	York	Simon	Chappell	open	1500mRW	7.36.8		
			Graham	Ingham	open	800m	2.11.8		
			Steve	Outridge	open	800m	2.02.0	4	
			Lorraine	Wilson	open	800m	2.47.6		
February 12	ON Jr/Sr	York	Louise	Aubin	junior	3000m RW	14.59.9	1	
			Paul	Earnst	senior	800m	2.03.0		
			Rick	Hamel	junior	1500m	4.14.0		
			Peter	Lashley	senior	800m	1.57.7		
			Steve	Outridge	junior	800m	1.59.62		
			Carrie	Serwetnyk	junior	800m	2.19.59	4	
			Peter	Thompson	junior	400m	56.1		
			Doug	Tilson	junior	800m	1.55.81	3	
February 17	Star Indoor	MLG	Rick	Hamel	junior	1500m	4.09.2		
February 19	ON Multi + Allcomers	York	Lyndsey	Almond	junior	Pent	3562.0	1	
			Donna	Smellie	senior	Pent	3791.0	1	
			Simon	Chappell	open	3000mRW	16.08.7		
			Paul	Earnst	open	3000m	8.58.7		
			Rick	Hamel	open	3000m	8.56.9		
			Graham	Ingram	open	3000m	9.35.5		
			Sarah	Oiley	open	200m	32.8		
			Carrie	Serwetnyk	open	800m	2.20.4		
			Peter	Thompson	open	200m	25.68		
			Doug	Tilson	open	200m	24.4		
			Scott	Vandenberg	open	3000m	9.43.8		
			Lorraine	Wilson	open	2000m	33.7		
			February 25	CAN SR	York	Lyndsey	Almond	junior	pent
Donna	Smellie	senior				pent	3939	3	
March 3	Allcomers	Windsor	Peter	Lashley	open	1000m	2.29.9		
March 4	ON B,M Juv	York	Steve	Outridge	juvenile	800m	2.00.78	2	
			Simon	Chappell	midget	1500m RW	7.30.12	1	
			Scott	Vandenberg	juvenile	1500m	4.34.51		
			Graham	Ingham	midget	1500m	4.24.57	6	
			Geoff	Scott	midget	400m	57.09		

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March 10	Eastern Can	Sherbrooke	Louise	Aubin	junior	1500mRW	7.23.1	2
			Trinette	Brazier	junior	1500m RW	7.23	1
			Steve	Outridge	junior	800m	1.59.1	6
			Jim	Taylor	junior	triple jump	13.35m	2
			Doug	Tilson	junior	800m	1.58.3	5
March 23	Florida Relay	Gainseville	Lindsay	Almond	open	hept	4953.0	2
April 15	Run for Glory		Colin	Chappell	open	10k	41.5	
April 28	Brooks	High Park	Rick	Hamel	junior	8K	25.5	
			Paul	Earnst	senior	8K	26.41	
April 29	10k Run a Von		Lorraine	Wilson		10K	45.26	
May 6	Eatons 10K		Lorraine	Wilson		10K	43.5	
May 26	Police Game:	Ottawa	Donna	Smellie	open	hept	5499	1
			Lyndsey	Almond	open	hept	5118	5
			Steve	Caws	open	dec	5625	
.May 29	Allcomers	York	Paul	Earnst	open	1500m	4.04.6	
June 9	Can vs Denmark	Ottawa	Donna	Smellie	open	hept	5399	
June 12	Allcomers	York	Paul	Earnst	open	3000m	8.52	
June 24	Sick Kids		Colin	Chappell		10K	40.17	
			Joel	Bernard		10K	42.50	
			Lorraine	Wilson		10K	46.0	
June 30	St Andrews	Miss	Colin	Chappell		10K	39.04	
			Lorraine	Wilson		10K	44.24	
June 29	Olympic Tr	Winnipeg	Donna	Smellie		long jump	6.15m	2
July 1	League meet	Kitchener	Louise	Aubin	open	1500mRW	7.20.1	
			Ornella	Cvasin	open	discus	41.84m	
			Ornella	Cvasin	open	shot put	9.82m	
			Steve	Caws	open	high jump	1.75m	
			Steve	Caws	open	pole vault	3.30m	
			Steve	Caws	open	long jump	5.57m	
			Steve	Caws	open	triple jump	11.17m	
			Steve	Caws	open	shot put	11.82m	
			Steve	Caws	open	discus	28.90m	
			Steve	Caws	open	hammer	35.18m	
			Steve	Caws	open	javelin	45.72m	

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July 1	League meet (Cont)	Kitchener	Simon	Chappell	open	3000mRW	15.05.7	
			Paul	Earnst	open	3000mSc	9.57.3	2
			Rick	Hamel	open	1500m	4.02	
			Andrew	McNicholl	open	3000mRW	15.05.7	
			Jay	Penfold	open	110mHurd	22.50	
			Jay	Penfold	open	high jump	1.55m	
			Jay	Penfold	open	pole vault	1.95m	
			Jay	Penfold	open	long jump	4.95m	
			Jay	Penfold	open	triple jump	9.70m	
			Jay	Penfold	open	shot put	9.96m	
			Jay	Penfold	open	discus	22.52m	
			Jay	Penfold	open	hammer	24.78m	
			Jay	Penfold	open	javelin	33.78m	
			Ann-Marie	Pierre	open	long jump	5.28m	
			Anne-Marie	Pierre	open	100mHurd	22.00	
			Anne-Marie	Pierre	open	high jump	1.50m	
			Anne-Marie	Pierre	open	shot put	7.79m	
			Anne-Marie	Pierre	open	discus	23.28m	
			Anne-Marie	Pierre	open	javelin	18.64m	
			Geoff	Scott	open	400m	56.4	
			Geoff	Scott	open	800m	2.11.4	
			Gail	Scott	open	3000m	10.51.7	
			July 8	Brampton Flower Festival	Brampton	Trinette	Brazier	senior
Ornella	Cavasin	junior				discus	40.88	1
Simon	Chappell	midget				1500mRW	6.57.2	1
Ray	Costello	senior				5000m	15.58.6	
Rick	Hamel	junior				1500m	4.06.3	
Graham	Ingham	midget				1500m	4.22.2	
Andrew	McNicoll	senior				1500mRW	6.22.4	1
Alex	Scott	bantam				200m	28.3	
Geoff	Scott	midget				800m	2.16.2	
Gail	Scott	junior				3000m	11.02.0	
Jim	Taylor	junior				triple jump	13.93	1
Brian	Tiborek	junior				110mHurd	18.60	
Brian	Tiborek	junior				1500m	4.22.7	
July 10	Allcomers	York	Petri	Kukkola	open	800m	1.59.01	
			Geoff	Scott	open	800m	2.07.91	
July 14	CAN JR Heptathlon	Saskatoon	Lyndsey	Almond	junior	hept	5284	1
			Donna	Smellie	senior	hept	5814.00	1
July 21	CAN JR	Edmonton	Louise	Aubin	junior	3000mRW	15.57	3
			Trinette	Brazier	junior	3000mRW	15.47	2
			Ornella	Cavasin	junior	discus	46.06m	1
			Jim	Taylor	junior	triple jump	14.11m	4

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July 23	Western Region League	Kitchener	Lyndsey Almond	Almond	open	shot put	11.17m	1
			Simon Chappell	Chappell	open	5kRW	25.05.9	
			Paul Earnst	Earnst	open	3000mSC	9.52.3	2
			Desmond Pierre	Pierre	open	long jump	6.18m	1
			Ann-Marie Pierre	Pierre	open	high jump	1.55m	
			Geoff Scott	Scott	open	400m	55.10	
			Geoff Scott	Scott	open	800m	2.10	
			Alex Scott	Scott	open	200m	27.40	
			Alex Scott	Scott	open	400m	60.0	
July 24	Allcomers	York	Paul Earnst	Earnst	open	1500m	4.02.5	
			Graham Ingham	Ingham	open	1500m	4.14.4	
August 3	Olympics	LA	Donna Smellie	Smellie	senior	Hept	56.38	17
August 5	ON Jr/SR	Kitchener	Paul Earnst	Earnst	senior	3000SC	9.46.6	7
			Rick Hamel	Hamel	junior	1500m	4.08	
			Trinette Brazier	Brazier	junior	3K RW	15.46	
August 11	ON B,M,Juv	London	Graham Ingham	Ingham	midget	1500m	4.15.50	
			Graham Ingham	Ingham	midget	3000m	8.26.67	6
			Alex Scott	Scott	bantam	400m	1.00.18	
			Geoff Scott	Scott	midget	400m	55.85	
			Geoff Scott	Scott	midget	800m	2.13.32	5
August 12	CAN Legion	Halifax	Simon Chappell	Chappell	juvenile	1500m RW	6.56	2
August 18	ON Multi	York	Anne-Marie Pierre	Pierre	junior	Hept	3804	2
			Brian Taborek	Taborek	junior	Dec	5546	3
			Kevin Smellie	Smellie	junior	Dec	5102.0	5
August 19	Tri Meet	Montreal	Simon Chappell	Chappell	juvenile	10K RW	54.40.6	4
August 19	7th annual Molson's Maple Leaf		Joel Bernard	Bernard		10K	41.50	
			Sarah Oiley	Oiley		10K	47.32	
			Lorraine Wilson	Wilson		10K	46.42	
August 21	Allcomers	York	Paul Earnst	Earnst	open	1500m	4.01.8	
			Rick Hamel	Hamel	open	1500m	4.05.0	
			Graham Ingham	Ingham	open	1500m	4.14.4	
			Peter Lashley	Lashley	open	1500m	4.07.2	
			Geoff Scott	Scott	open	1500m	4.38.5	
August 24	Pan Am Junior	Nasseau	Lyndsey Almond	Almond	junior	hept	4843	4
			Ornella Cavašin	Cavašin	junior	discus	42.70	4

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August 28	Brampton Inv	Brampton	Paul	Earnst	open	3K	8.54.3	
			Rick	Hamel	open	3K	8.59.9	
			Graham	Ingham	open	3K	9.28.1	
			Peter	Lashley	open	800m	2.26.0	
			Jim	Taylor	open	high jump	1.65m	
			Peter	Thompson	open	100m	12.3	
			Peter	Thompson	open	high jump	1.70m	
October 8	Toronto INT		Pam	Beardsell	open	10K	47.52	
October 14	Chiro Run		Colin	Chappell	open	10k	39.13	
			Joel	Bernard	open	10k	42.45	
			Lorraine	Wilson	open	10k	45.59	
			Pam	Beardswell	open	10k	47.19	
October 20	ON X Countr	Totenham	Paul	Earnst	senior	12K	42.22	25
December 8	Allcomers	York	Lyndsey	Almond	open	50m	7.4	
			Lyndsey	Almond	open	shot put	10.29m	
			Louise	Bergeron	open	high jump	1.75m	
			Steve	Caws	open	50m	6.8	
			Steve	Caws	open	high jump	1.80m	
			Steve	Caws	open	shot put	9.84m	
			Denise	David	open	50m	6.9	
			Andrea	Hastick	open	200m	28.7	
			Andrea	Hastick	open	long jump	4.66m	
			Peter	Thompson	open	50	6.5	
			Peter	Thompson	open	high jump	1.65m	
			Peter	Thompson	open	shot put	7.85m	
			December 16	Allcomers	York	Andrea	Hastick	open
Louise	Bergeron	open				high jump	1.75m	
Lundsey	Almond	open				800m	2.35.4	
Peter	Thompson	open				high jump	1.55m	
Peter	Thompson	open				1000m	2.57	