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Joe Sax - Runner, Teacher and Coach

November 19, 2004 Ottawa – Athletics Canada was saddened this week by the news of the death of Joe Sax, a Canadian track and road racing icon. The Toronto native will be remembered for his hard work, dedication and perseverance, traits that helped him achieve great successes throughout his career as a runner. A five-time Canadian champion on the track, and former record holder in the 3000M steeplechase, Sax represented Canada at 15 international events, and made headlines by finishing third in his debut marathon, (the 1980 Labatt Toronto Marathon), with a remarkable time of 2:17:12.8. While attending the CIS cross country championships in Guelph on Saturday, Sax collapsed and was immediately rushed to Guelph General Hospital, where he was later pronounced dead – just eight days after his 52nd birthday.

[Click here for more information on Joe Sax.](#)



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